



SOCIAL MEDIA RESOURCES FOR YOUTH AND FAMILIES

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- d. APA. (2024b). <https://www.apa.org/pubs/highlights/spotlight/parental-monitoring-social-media>

2. MH Commission of Canada. (2024). Tackling teen tech addiction

- a. <https://mentalhealthcommission.ca/catalyst/tackling-teen-tech-addiction/>

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9. **Haidt, J, Rausch, Z., [The Case Against Social Media: Seven Lines of Evidence](#), *After Babel***