

# Beneath the Surface: Psychology's Ethical Wounds and a Personal Path to Justice

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# The Holocaust Healing-Killing Paradox



“Lives not worth  
living”

“Useless eaters”

“Useless idiots”

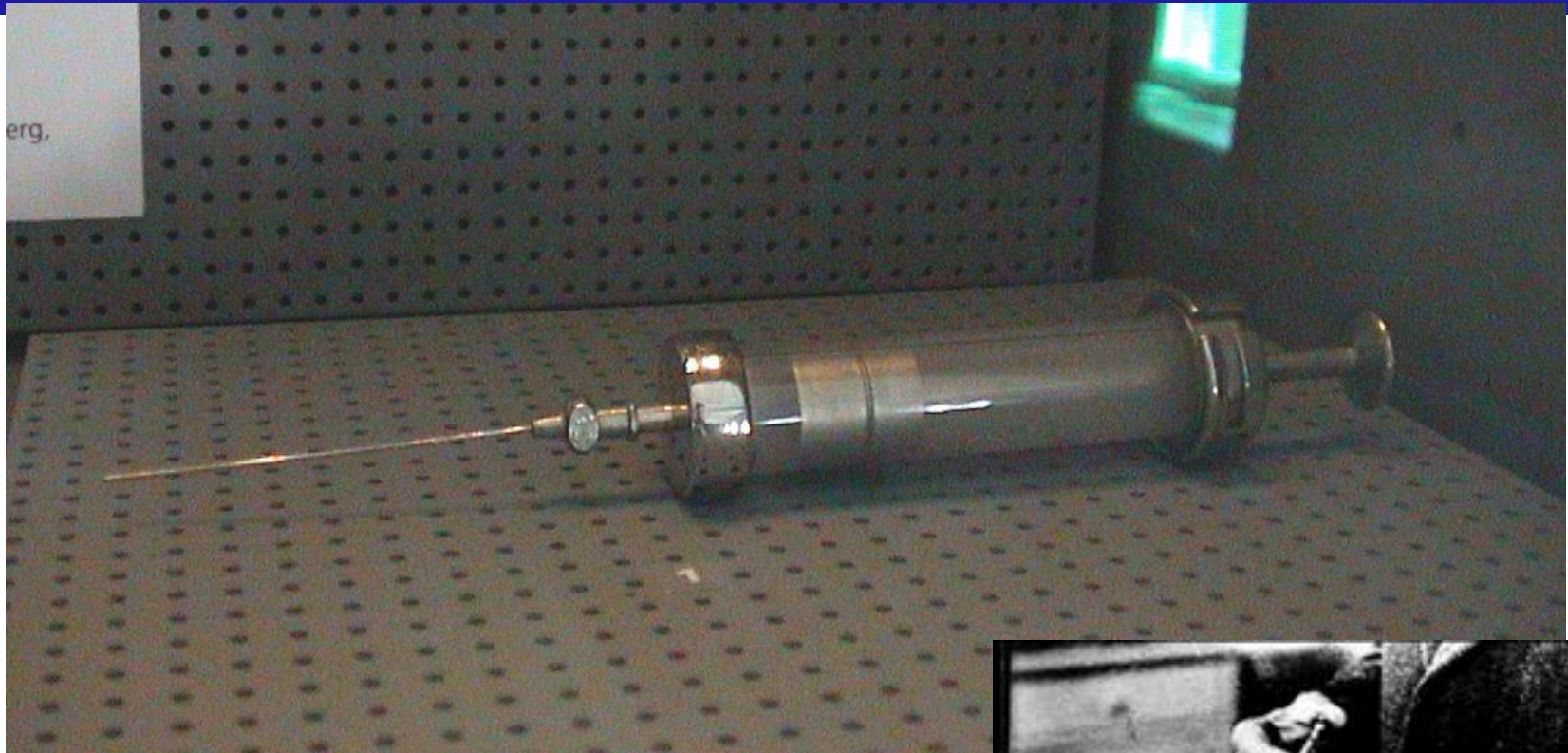
“Empty human husks”





“Not only tolerable but humane.”



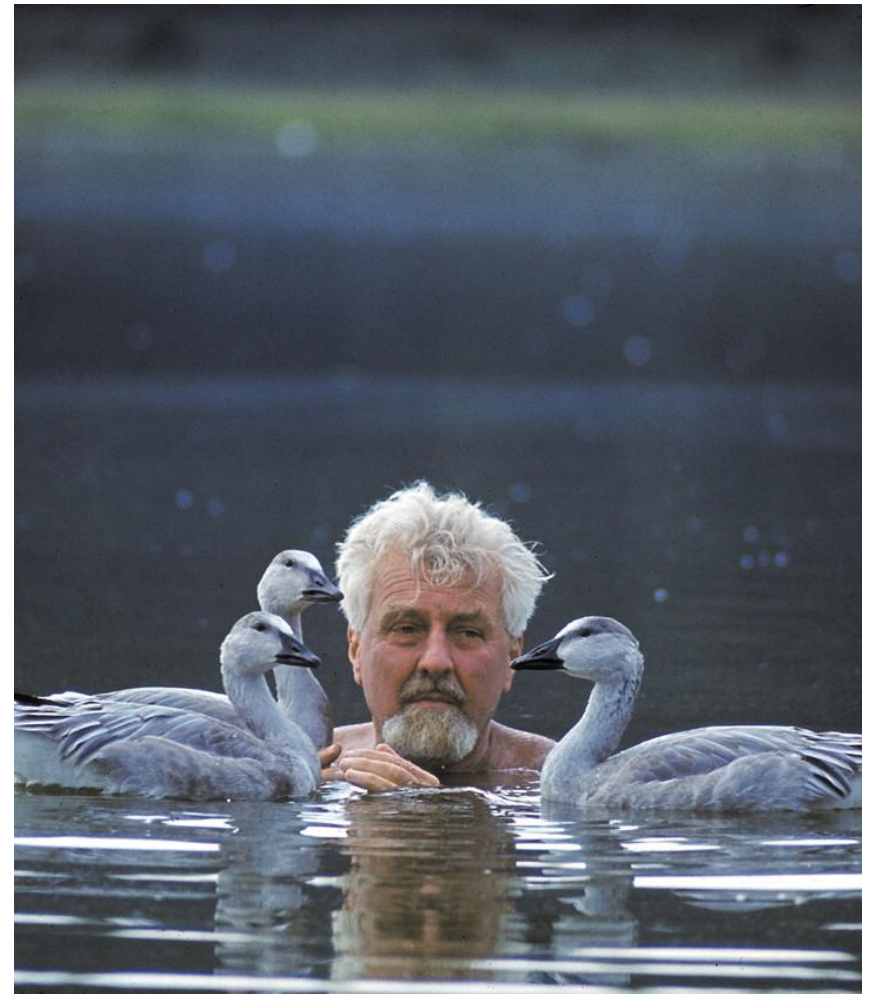


Viktor Brack, head of the  
euthanasia program 1939 -  
"The needle belongs in the  
hand of the doctor."



# Words of Konrad Lorenz (1940)

“It must be the duty of racial hygiene to be attentive to a more severe elimination of morally inferior human beings than is the case today . . . We should literally replace all factors responsible for selection in a natural and free life . . . In prehistoric times of humanity, selection for endurance, heroism, social usefulness, etc. was made solely by hostile outside factors. This role must be assumed by a human organization..”







Selections



Racial  
Hygiene:



A Medical  
Procedure





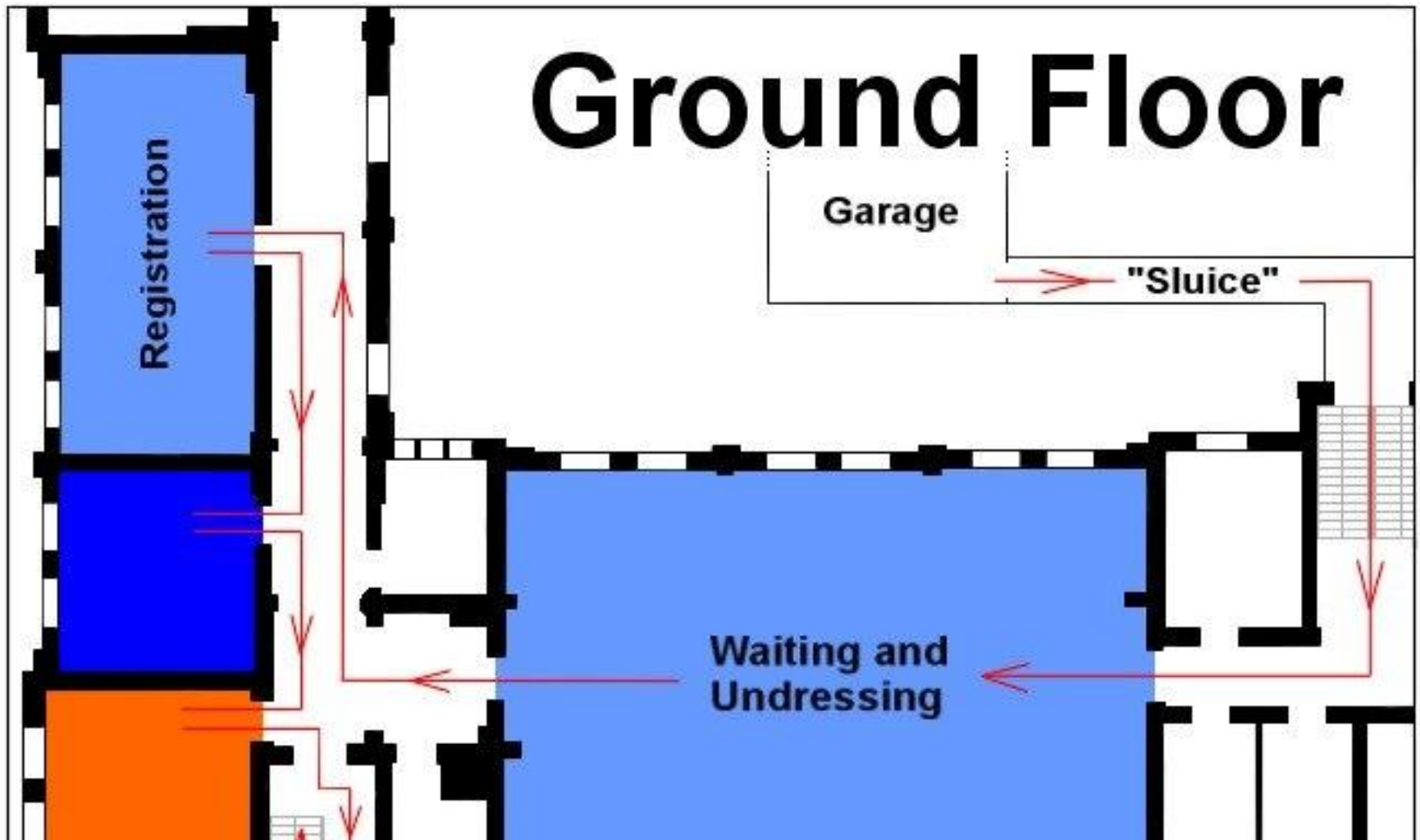




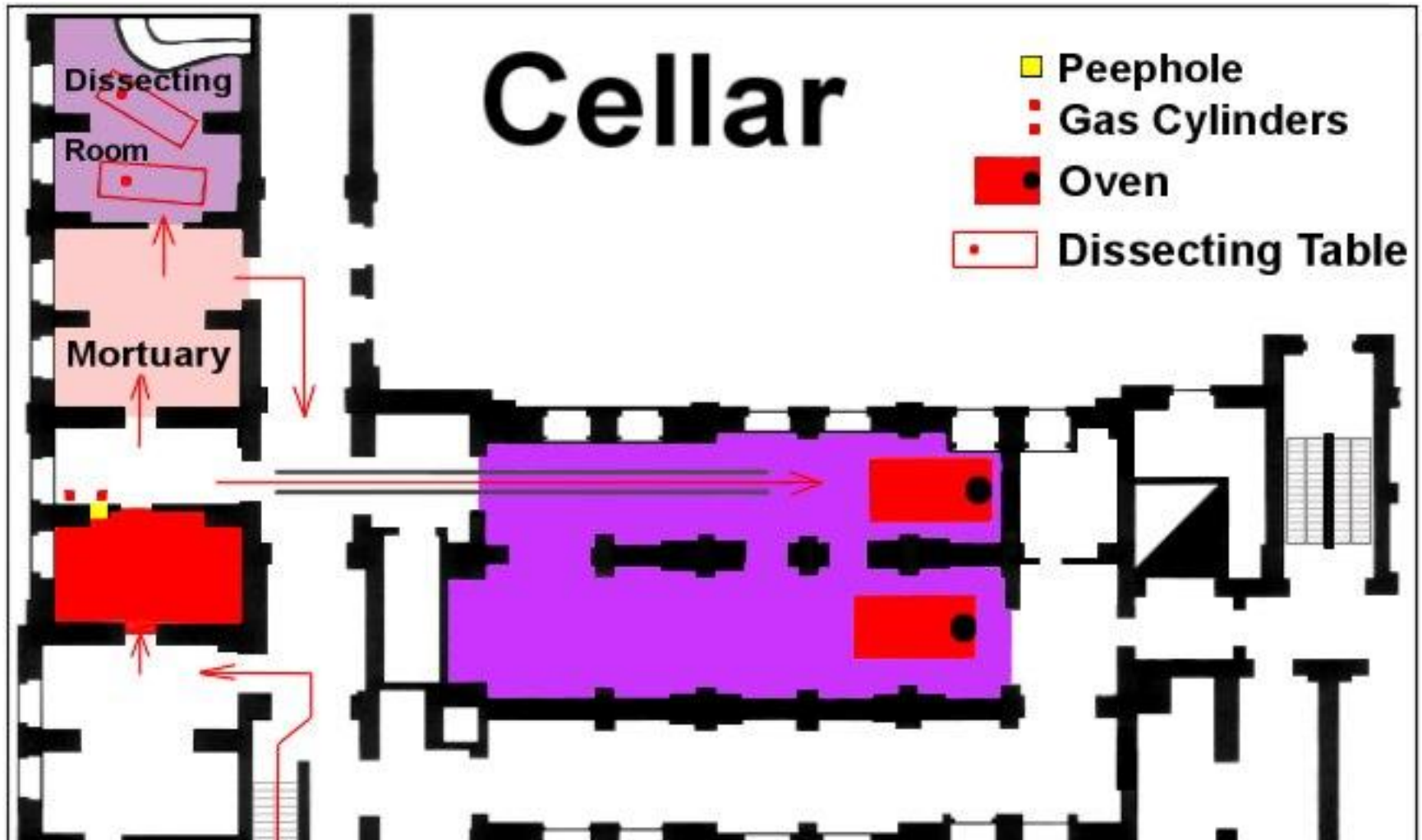




# Ground Floor - Hadamar

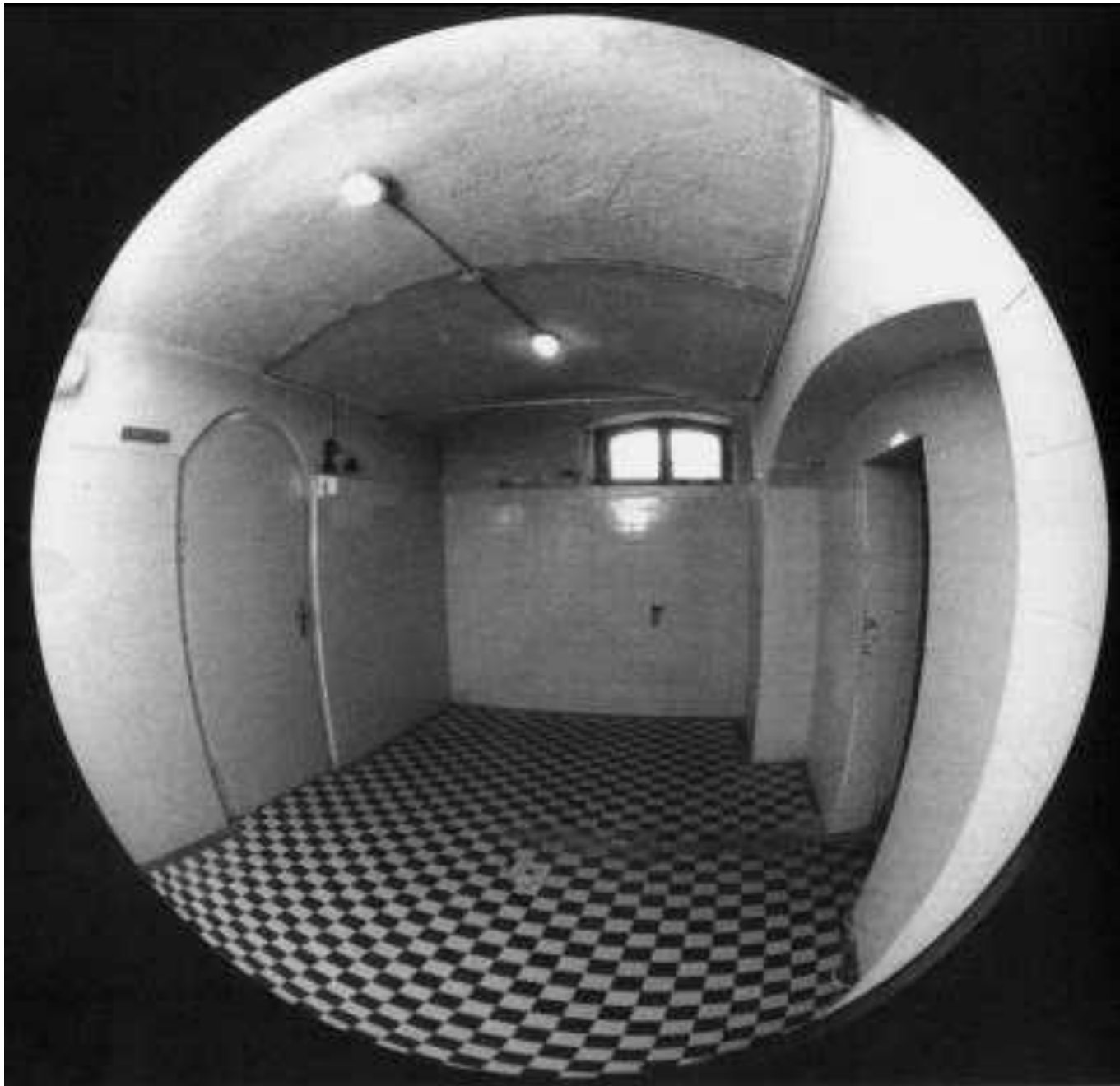


# Hadamar Cellar

















<u>Killed Location</u>	<u>Dates</u>	<u>Number</u>
Brandenburg	Aug. 1940 - Sept. 1940	9722
Bernburg	Nov. 1940 - Aug. 1941	8601
Sonnenstein	April 1940 - Aug. 1941	13720
Hadamar	Jan. 1941 - Aug. 1941	10072
Grafeneck	Jan. 1940 - Dec. 1940	9839
Hartheim	Jan. 1940 - Aug. 1941	18269



Whoever is not bodily and spiritually healthy and worthy, shall not have the right to pass on his suffering in the body of his children.

Adolf Hitler, Mein Kampf

# So, Let's Travel Back in Time





# America's Psychology: Functionalism

- Consistent with Darwinian thinking and American pragmatism
  - e.g., what function is served by consciousness; how is it useful in the struggle for existence?

“

It is not the strongest of the species that survives, not the most intelligent that survives. It is the one that is the most adaptable to change.

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CHARLES DARWIN

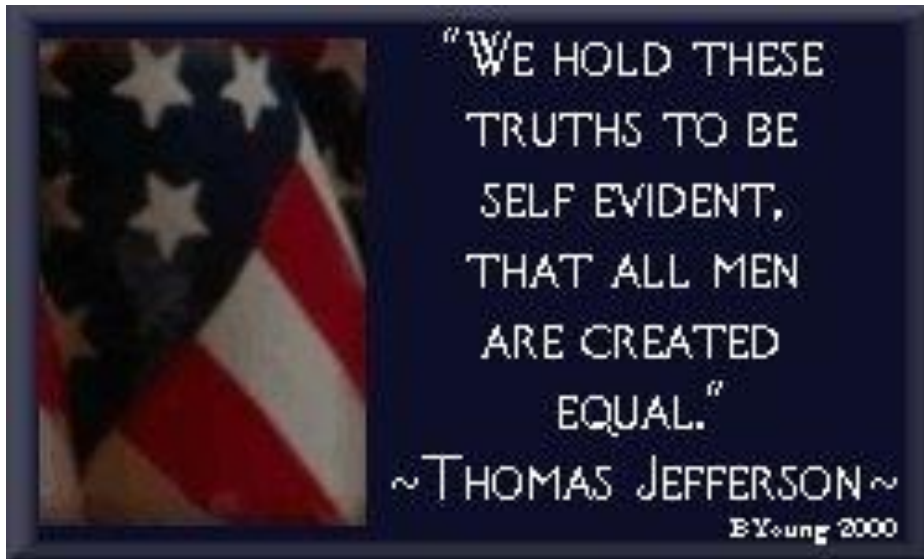
# Social Darwinism - What is it?



"I know you miss the Wainwrights, Bobby, but they were weak and stupid people — and that's why we have wolves and other large predators."



# But what about . . . .





# How Was it Studied and Practiced?



Galton



Davenport



Estabrook

Major Eugenics Movement Leaders

## EUGENICS

“IS THE STUDY OF THE AGENCIES UNDER SOCIAL CONTROL, THAT IMPROVE OR IMPAIR THE RACIAL QUALITIES OF FUTURE GENERATIONS EITHER PHYSICALLY OR MENTALLY.”

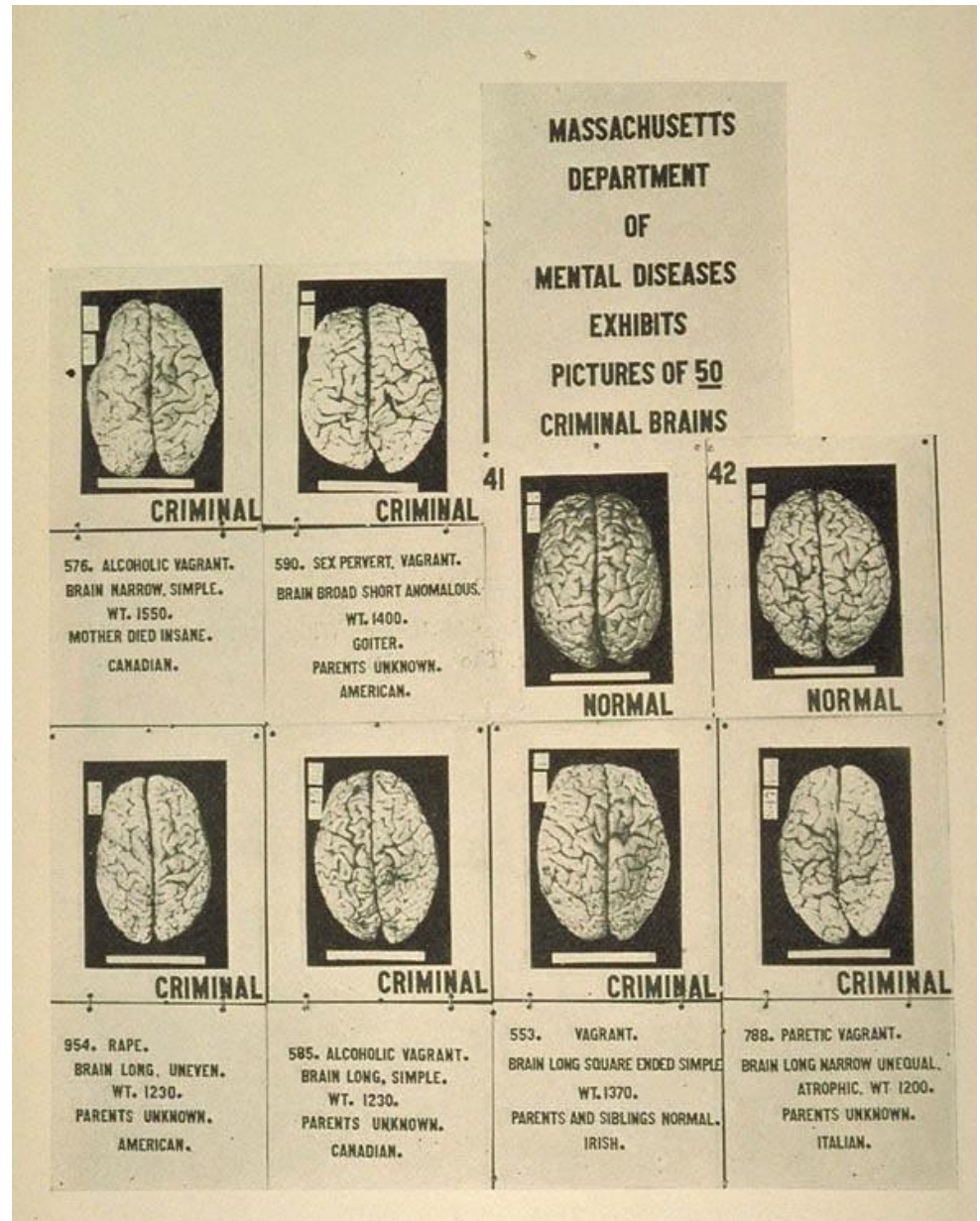
SIR FRANCIS GALTON.

Truman State University. Noncommercial, educational use only.

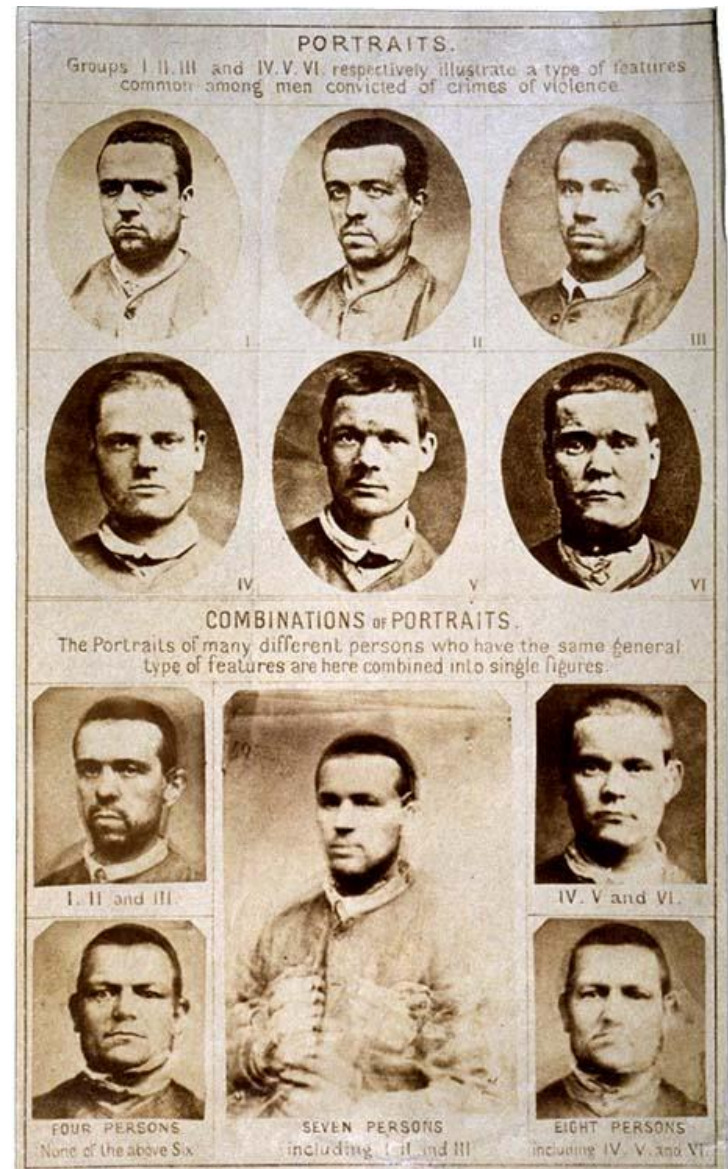
- Selective breeding
- Taxation
- Education
- Abortion



# Scientific racism



# Physiological Measurements

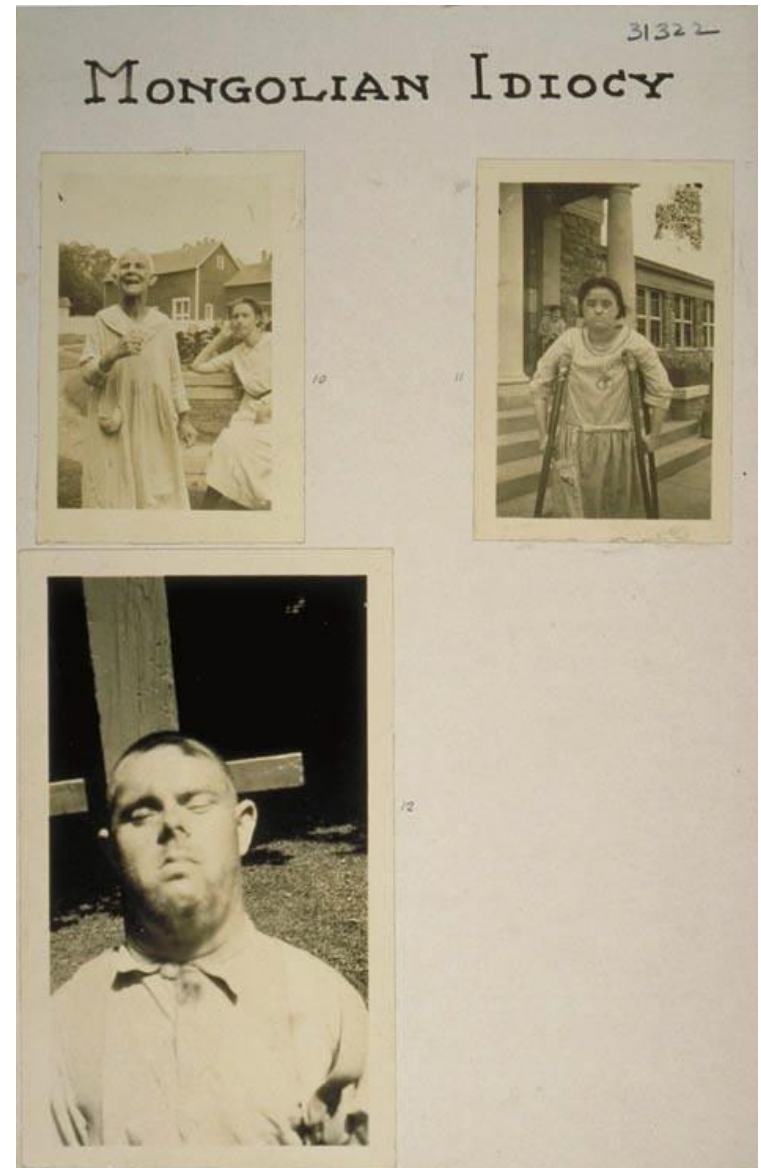




# AVERAGE DIMENSIONS FOR WHITE AND COLORED RACES

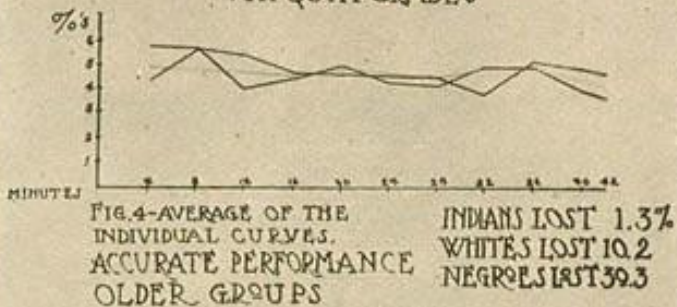
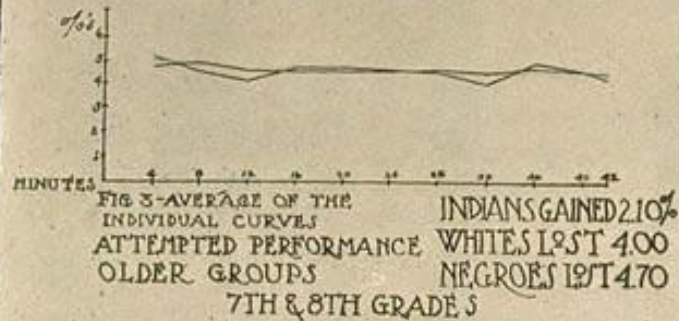
DIMENSION	96,500 WHITE	6,400 COLORED	DIMENSION	96,500 WHITE	6,400 COLORED
HEIGHT	171.99	171.89	LEG LENGTH	71.69	74.38
WEIGHT	144.67	149.53	ARM LENGTH	78.42	80.56
INDEX OF ROBUSTNESS	31.56	32.65	FOREARM	26.91	28.20
SITTING HEIGHT	90.39	87.35	CHEST TRANSVERSE	29.02	29.05
SPAN	175.58	180.76	CHEST ANTERO- POSTERIOR	21.58	21.21
STERNAL NOTCH	141.18	142.39	PELVIC WIDTH	29.43	28.42
PUBIC HEIGHT	86.82	89.42	NECK CIRCUM- FERENCE	35.98	36.37
KNEE HEIGHT	46.77	47.26			

# Education about “Abnormals” or “Defectives”





# Conducted Studies



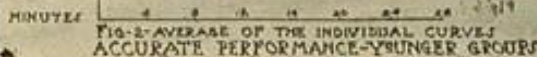
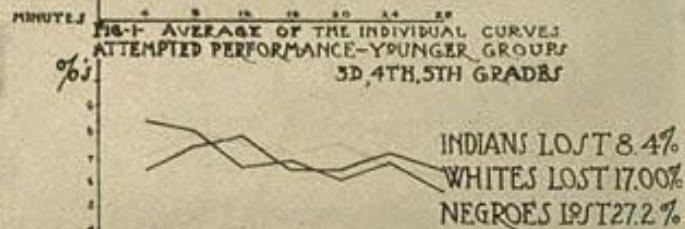
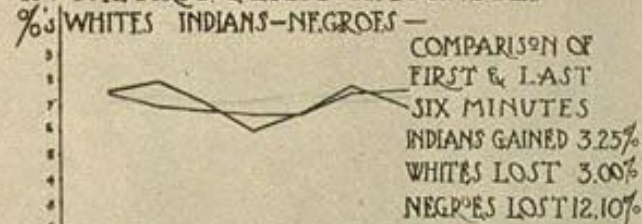
711 WHITES-190 INDIANS-133 NEGROES  
OF VIRGINIA- OF OKLAHOMA- OF VIRGINIA  
THE SUBJECTS WORKED ON SINGLE  
COLUMN ADDITION CONTINUOUSLY  
FOR THE PERIODS OF TIME INDICATED.

[SEE JOURNAL OF APPLIED  
PSYCHOLOGY- SEPT. 1920-]

## RACIAL DIFFERENCES IN MENTAL FATIGUE

PRESENTED BY THOS. R. GARTH, PH.D.,  
DEPT. OF PSYCHOLOGY-UNIV. OF TEXAS.

WORK CURVES OF WHITES, INDIANS &  
NEGROES BEING RESULTS OF A CONTIN-  
UOUS MENTAL PERFORMANCE WITH  
A COMPARISON OF WHAT WAS DONE  
IN THE FIRST & LAST SIX MINUTES-



# Twin Studies







# CRIME AND RACE DESCENT.

## REPORT OF A FIRST-HAND STUDY ON RACE DESCENT OF INMATES FOUND IN 242 STATE AND FEDERAL PENAL INSTITUTIONS IN THE UNITED STATES ON OCTOBER 1, 1931.

In these 242 institutions there were found, on the above date, 106,256 inmates. These inmates were classified by nativity and race. These classification data were furnished directly for this study by the wardens and superintendents of several institutions. Acknowledgement for this collaboration is hereby gratefully made.

The analysis of these data are given, on the accompanying charts, in terms of quota-fulfillment, or crime rate, by race and nativity class. A similar study made a decade ago (Analysis of America's Modern Melting Pot; institutional survey of 1921-22; population census of 1920) shows the crime rate (measured by inmates of state and federal institutions) for the foreign-born population to be 109%, in which the average for the whole country is 100. The present survey (institutional census 1931; population census 1930) shows the alien quota-fulfillment for crime to be 70.83. This improvement is ascribed to more strict selective requirement of the Johnson Act of 1924;

to inauguration of overseas examination of would-be immigrants, with much greater authority of consuls to refuse visas to immigrant passport holders; to increased deportation activity by the Federal Government;

to aroused public understanding which demands enforcement of laws in reference to alien crime. In 1920 we were permitting the alien crime quota to exceed slightly the crime rate for the whole population. By 1930 we had reduced the alien crime quota to a little more than two-thirds that for the whole population. Two more steps in reducing alien crime quota, each equal to that taken during the last decade, are necessary in order to achieve the freedom from alien crime contemplated by our laws. The laws of the United States provide for the exclusion of potential criminals and for the deportation of actual alien criminals, thus keeping the quota fulfillment for alien crime at zero.

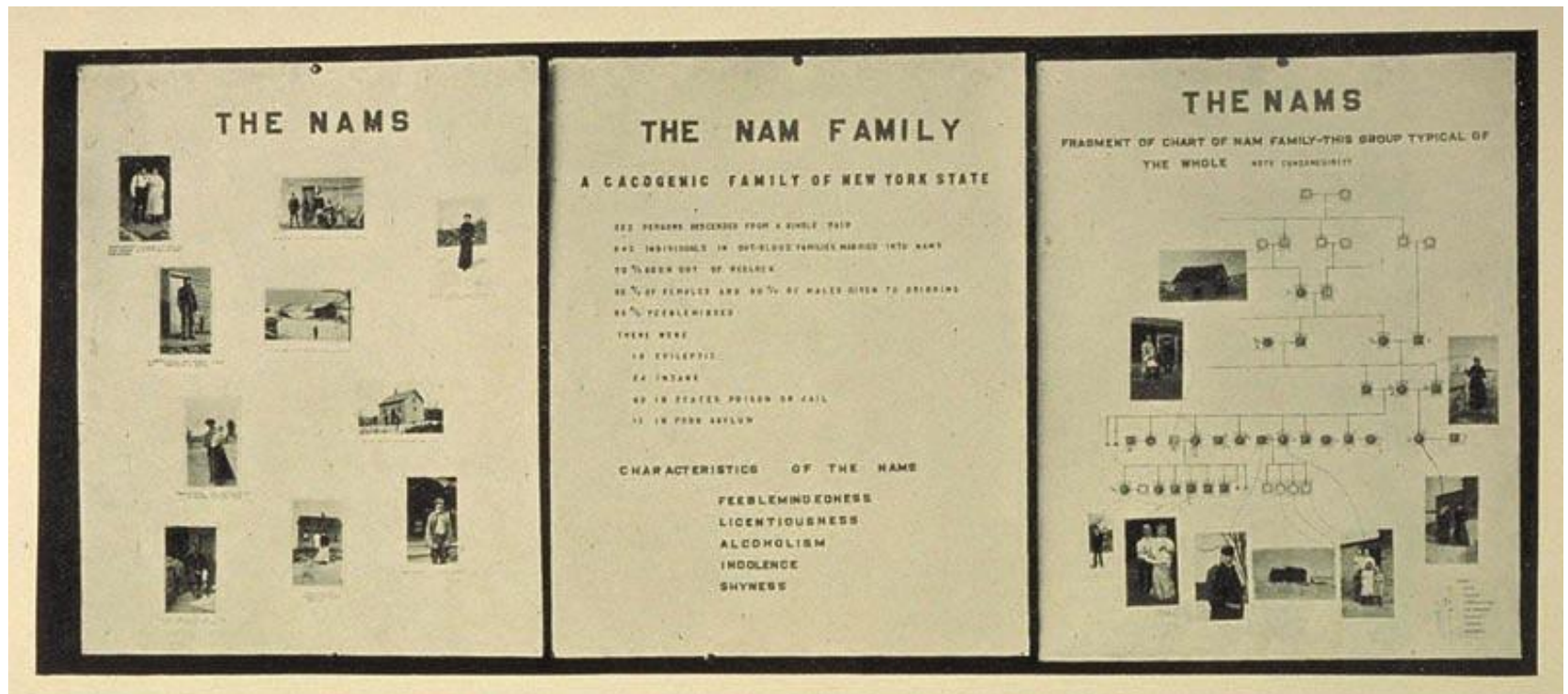
The present study does not cover municipal and county penal institutions, it covers only state and federal institutions which hold felons and habitual criminals and delinquents. Alien crime rate for misdemeanors is said to run much higher than the alien felony rate. A first-hand study should be made of local jails and petty crime in relation to race and nativity.

### Institutional Inmates 1931-22: Population Census 1920

The Comparison with Institutional Inmates 1931-22: Population Census 1920  
Shows the percentage of the population of 1920 who are alien and  
which are in state and federal institutions, and the crime rate  
in 1931-22 and 1920-21.



# Studied Families







Emma Wolverton, 1889–1978  
<https://embryo.asu.edu/pages/emma-wolverton-1889-1978>

German eugenicists cited the works of American eugenicists such as Harry Laughlin and Madison Grant and in particular, Goddard's study of the Kallikaks which first appeared in German translation in 1914



# Education



# Fitter Family Contests



# Better Baby Contests



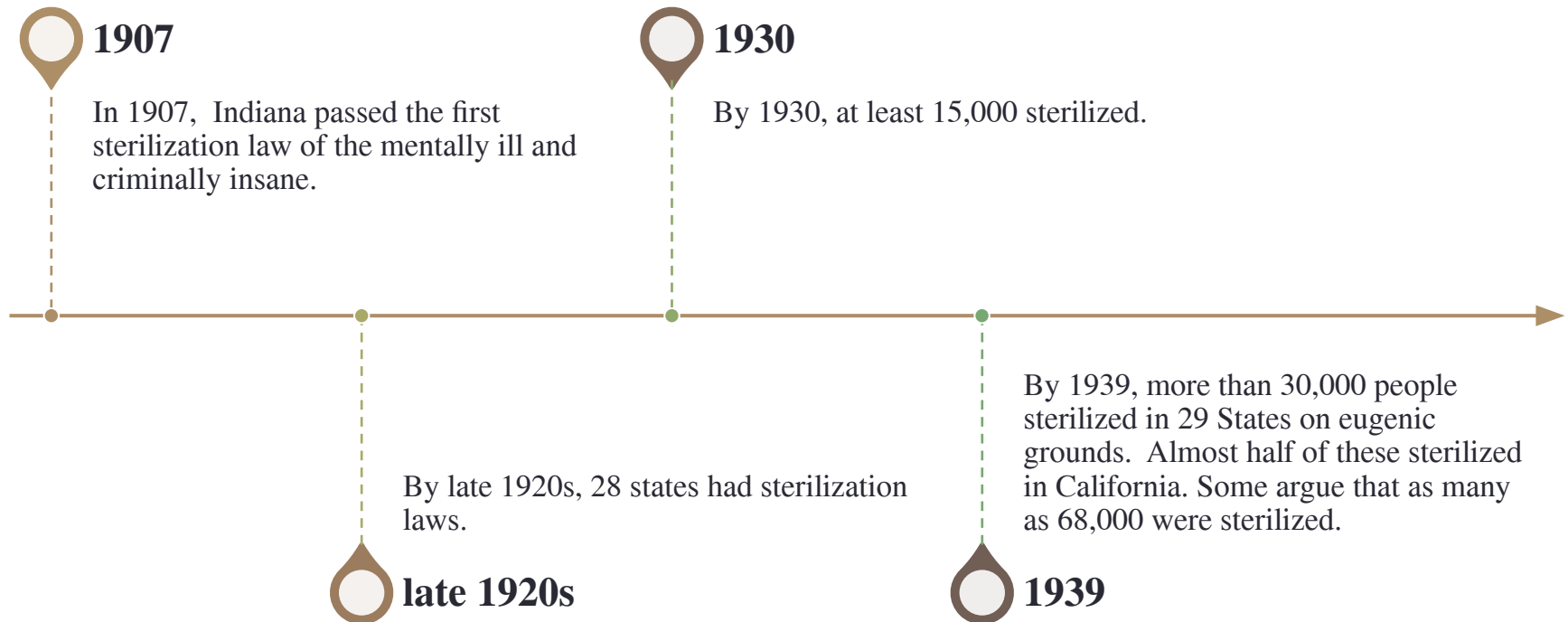


# New Laws

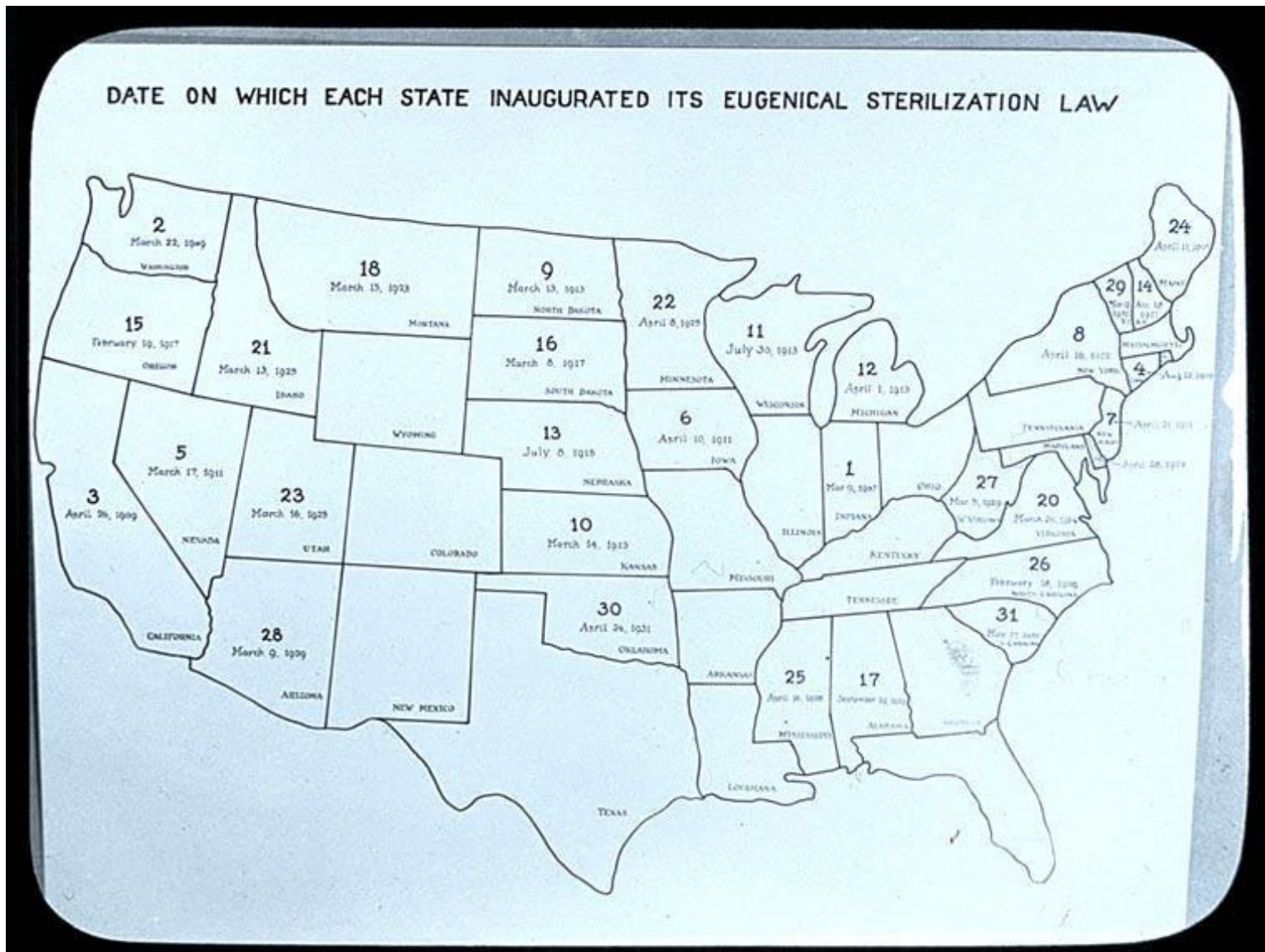
At the turn of the last century, North Dakota enacts laws prohibiting marriage of alcoholics, insane or individuals with tuberculosis.

1899, Michigan passed similar legislation with fines up to \$1,000 or prisons terms up to 5 years.

# Forced Sterilization



# Forced Sterilization





# Carrie Buck

BUCK v. BELL, Superintendent of State Colony Epileptics and Feeble Minded

It is better for all the world, if instead of waiting to execute degenerate offspring for crime, or to let them starve for their imbecility, society can prevent those who are manifestly unfit from continuing their kind. The principle that sustains compulsory vaccination is broad enough to cover cutting the Fallopian tubes. **Three generations of imbeciles are enough.**

Justice Oliver Wendell Holmes, Jr



# Questionnaire for Vermont Census of the Feeble-minded

Edgar A. Doll, Ph.D., Director of Research, The Training School, Vineland, New Jersey.

Recognizing the authority for the survey, the strictly confidential treatment of the material, and the nature of the cases, will you answer the following questions?

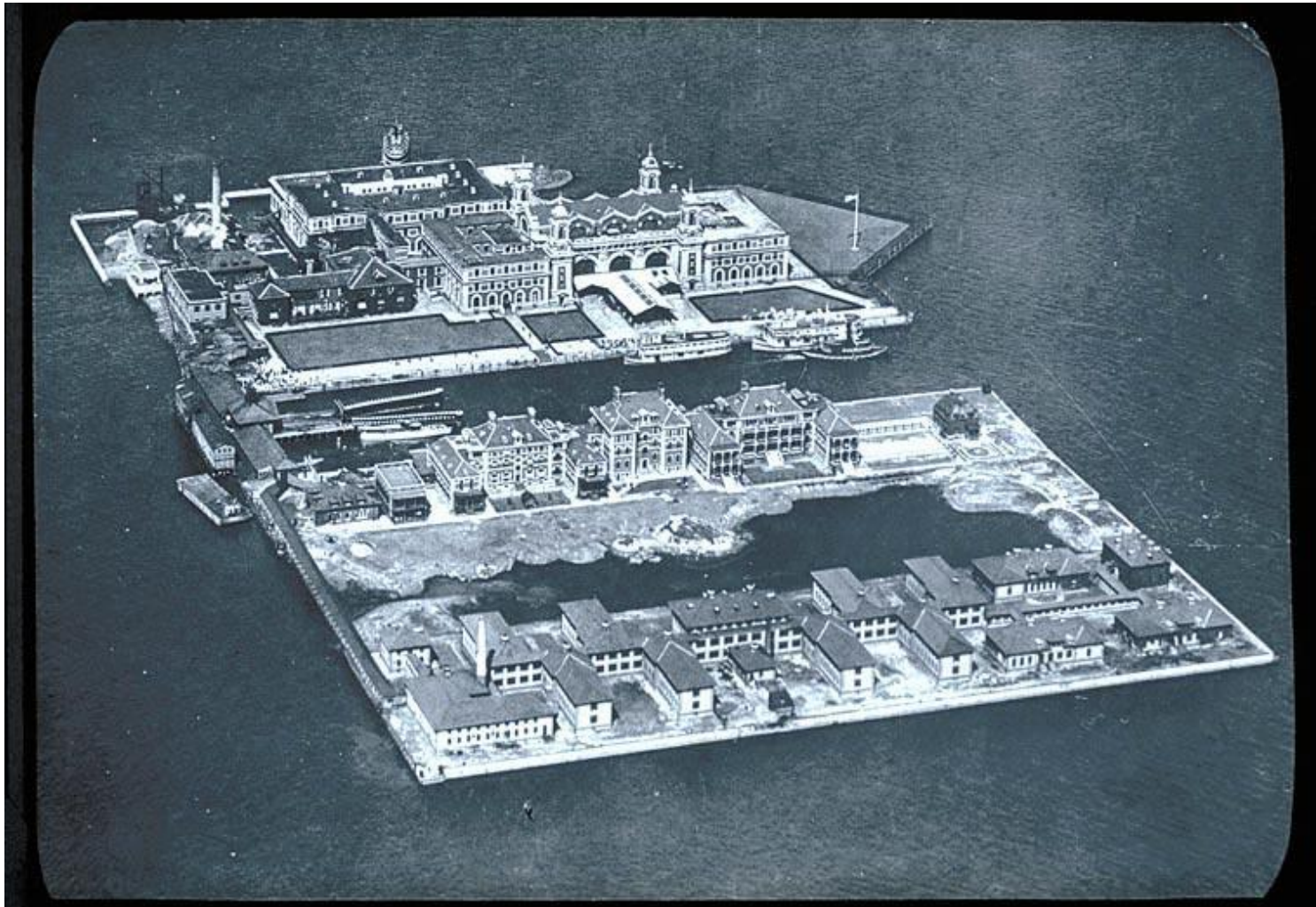
Do you know anyone in your locality who is an idiot or imbecile who is not in a State Institution?

If so, will you state name, parents' names, short description and history if known to you?

Do you know any degenerate families with generally low intelligence, anti-social and amoral behavior, where the incidence of mental deficiency appears to be fairly common?

If so, will you name the family and append a short history?

# Immigration - Ellis Island











					Population
100	Armenia.....	100	-----	100	124
100	Australia, including Papua, etc.....	100	100	100	121
1,413	Austria.....	1,639	1,486	2,171	785
1,304	Belgium.....	1,328	410	251	512
2,874	Czechoslovakia.....	2,726	2,248	1,359	3,073
100	Danzig, Free City of.....	137	122	100	228
1,181	Denmark.....	1,234	1,044	945	2,789
116	Estonia.....	100	109	325	124
569	Finland.....	568	559	517	471
3,086	France.....	3,308	3,837	1,772	3,954
25,957	Germany.....	24,908	23,428	20,028	51,227
65,721	Great Britain, Northern Ireland.....	65,894	73,039	85,135	34,007
307	Greece.....	312	367	384	100
869	Hungary.....	1,181	967	1,521	473
17,853	Irish Free State.....	17,427	13,862	8,330	28,567
5,802	Italy, including Rhodes, etc.....	5,989	6,091	5,716	3,845
236	Latvia.....	243	184	384	142
386	Lithuania.....	492	494	458	344
3,153	Netherlands.....	3,083	2,421	2,762	1,648
2,377	Norway.....	2,403	2,267	2,053	6,453
6,524	Poland.....	6,090	4,978	4,535	5,982
440	Portugal.....	457	290	236	503
295	Rumania.....	311	516	222	603
2,784	Russia, European and Asiatic.....	3,540	4,781	4,002	2,248
252	Spain.....	305	674	148	131



## Karl Pearson: *The Problem of Alien Immigration into Great Britain*

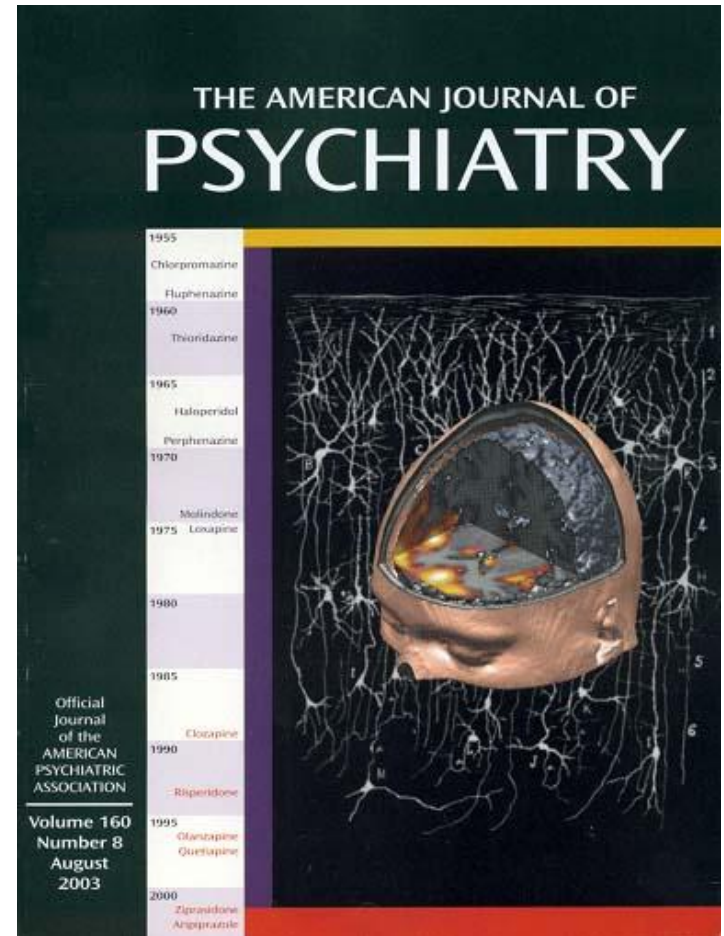
It is illustrated by an Examination of Russian and Polish Jewish Children. He argues against the admission of Jewish immigrants (identified as a “parasitic race” into England on the basis of his data.

# What about Euthanasia?

- Discussion of the euthanasia question peaked in both the U.S. and Britain between 1936 and 1941. Alexis Carel (inventor of the iron lung - criminal and insane "humanely and economically disposed of in small euthanasia institutions supplied with proper gases."



In 1942, Dr. Foster Kennedy, professor of neurology at Cornell in an article published in the American Journal of Psychiatry called for the killing of retarded children 5 and older - "those hopeless ones who should never have been born - Nature's mistakes."





# A Legacy of Cultural Imperialism and “Racial” Hierarchies





1904 Saint Louis:  
Eugenics and Psychology highlighted at  
the Fair

# International Congress of Arts and Science



If the **Americans** accept the invitations in the next few months with the same readiness and willingness which the **Europeans** have shown, we can expect that the World's Fair will see in that September week a gathering of the most eminent scholars of the world and a work of incomparable value for the unity of the knowledge of our time. Hugo Munsterberg





# International Congress of Arts and Science

Leaders in twenty-four fields of science, both theoretical and applied, were invited to speak.



Evolutionary & eugenics theory at the forefront.

## SCIENCE

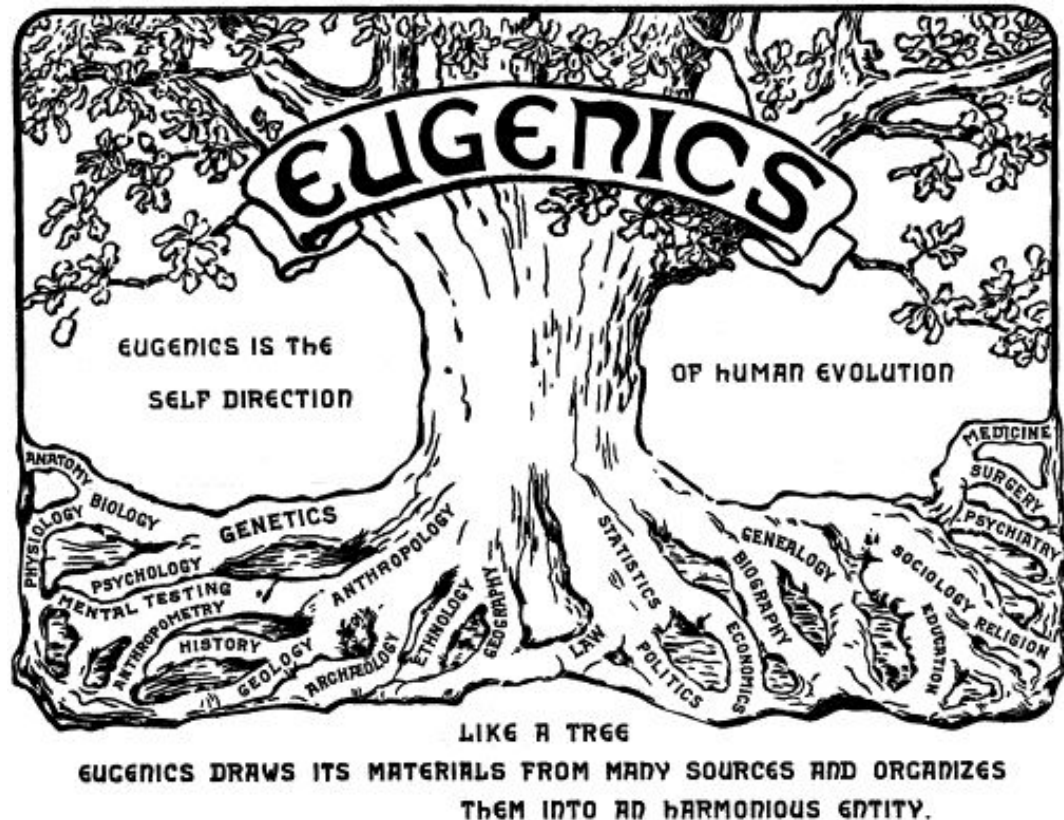
A WEEKLY JOURNAL DEVOTED TO THE ADVANCEMENT OF SCIENCE, PUBLISHING THE  
OFFICIAL NOTICES AND PROCEEDINGS OF THE AMERICAN ASSOCIATION  
FOR THE ADVANCEMENT OF SCIENCE.

FRIDAY, JULY 8, 1904.

THE INTERNATIONAL CONGRESS OF ARTS  
AND SCIENCE.

# Scientific Racism

Biology (Hugo De Vreis): “Artificial and Natural Selection” - It may be granted that the fittest survive.



# Scientific Racism

Psychology:

Mary Whiton Calkins: “Direct consciousness is evidently not present in the mere scientific study of animals, of babies, and of primitive men.”

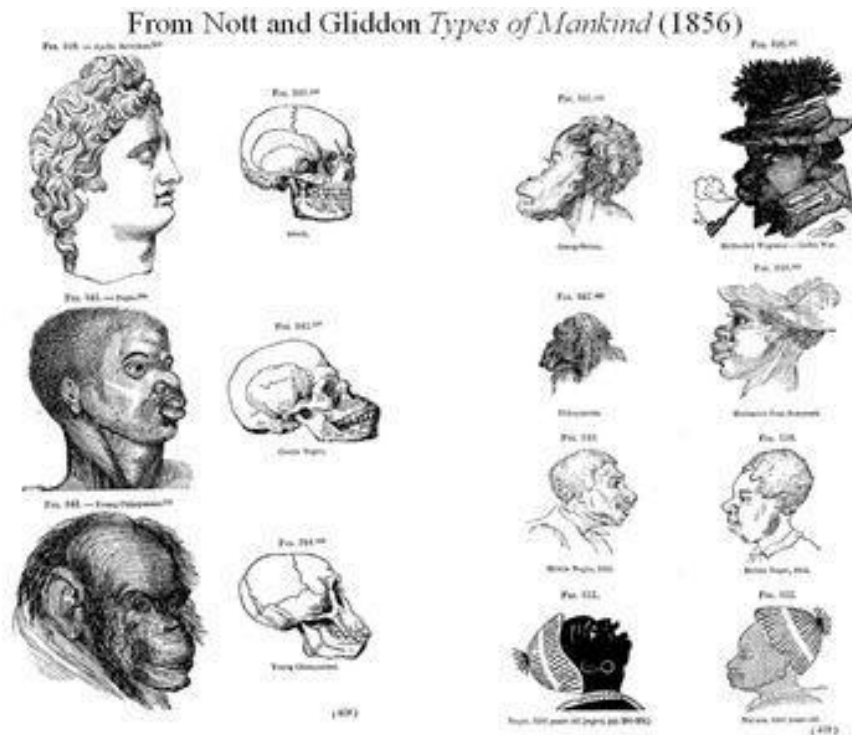
James McKeen Cattell: Highlighted the importance of genetics, quantitative methods, and the study of individual differences.

G. Stanley Hall: “An ounce of heredity is worth a hundredweight of civilization or schooling.”



# Scientific Racism

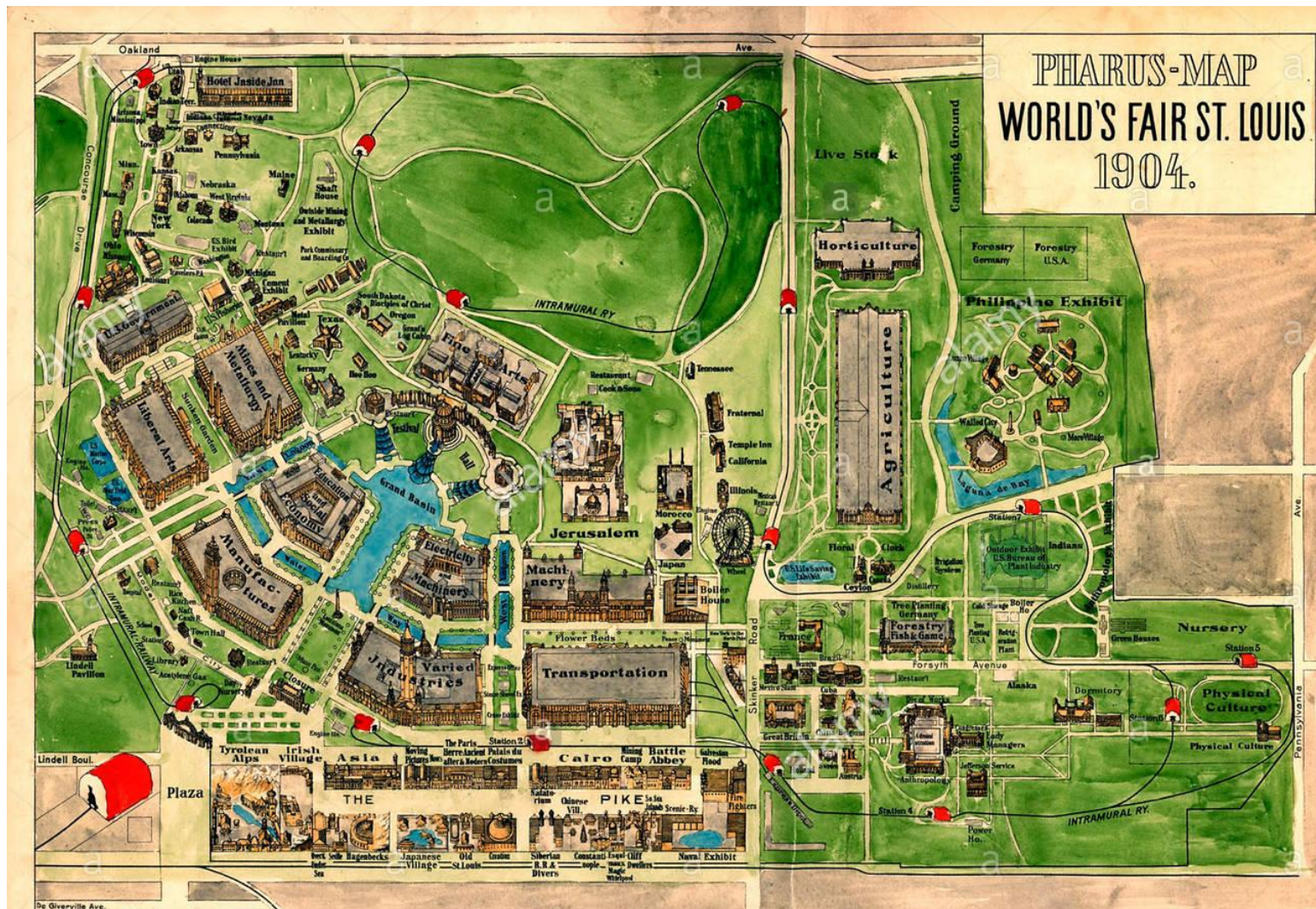
Anthropology (Alfred Cort Haddon: “Ethnology: Its Scope and Problems” - Native races; Wise administration of native states



# Scientific Racism

Anthropology (George Amos Dorsey): “The Problems of Somatology” - exterminating certain of the lower races

“Is it a problem, or is it simply a fact, which we cannot change if we would, that the highest representatives of our boasted civilization today are actually not reproducing their own numbers; that the progress of the white race is making for its own overthrow and final extermination.”





William John McGee, President of the American Anthropological Association, Head of the Anthropology Department of the Fair and dubbed by a Saint Louis newspaper as “The Overlord of the Savage World.”

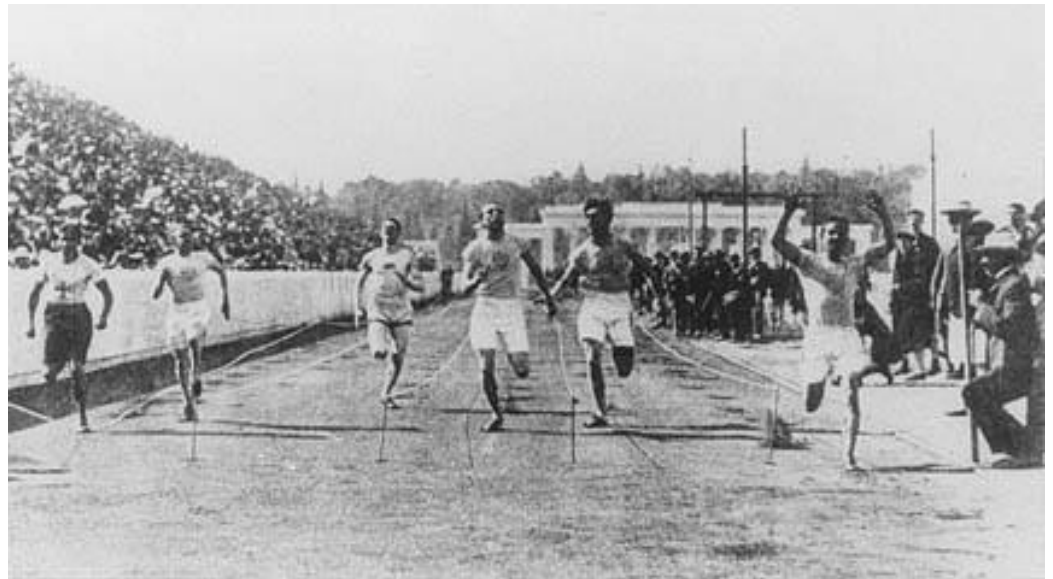


# Scientific Racism

A psychology lab at Washington University was set up for anthropometric testing. Head size, reaction time, sensory/perceptual processes were measured in approximately two-thirds of the Indigenous “visitors.” Identified as “primitive” peoples, these intelligence and other measures were designed to highlight European progress in evolution.

# **“Anthropology Days” or “Special Olympics”**

In an endeavor to highlight White European genetic superiority, the “anthropology days” games were held prior to the 1904 summer Olympics held in Saint Louis.





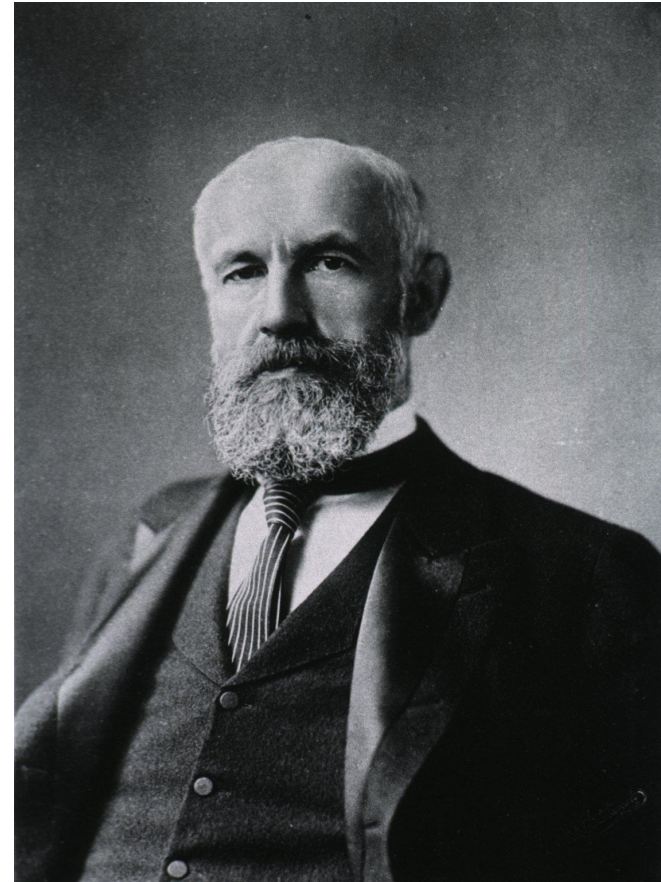
# “Anthropology Days” or “Special Olympics”



The Fort Shaw Boarding School's basketball team was not allowed to participate in the games due to their gender. However, presented as a model boarding school at the fair.

## 1904: G. Stanley Hall, founding President of APA

- Described First Peoples as childlike, with adults from this group being more similar to White children or adolescents in their development.
- Supported the development of “civilizing programs” tailored to what he deemed to be the needs of First Peoples
- These programs, once enacted, attempted to eradicate First Peoples’ culture, language, and spiritual life.
- Advocated for forced sterilization, immigration quotas, and Indian Boarding Schools.



# Nazi Perspective on US Eugenics

In 1917, the Berlin branch of the Society for Racial Hygiene starting pushing for laws similar to the United States. In particular, they lauded U.S. immigration policies

In 1924, Dr. Gustav Boeters stated, "What we racial hygienists promote is by no means new or unheard of. In a cultured nation of the first order - the United States of America - that which we strive toward (sterilization legislation) was introduced and tested long ago. It is all so clear and simple."

One member of the Eugenics Record Office in the United States, remarked "Hitler should be made an honorary member of the Eugenics Record Office" - in relation to its efforts at removing Semitic elements from the German race.



**<https://www.apa.org/about/policy/racism-apology>**

- Apology to People of Color for APA's Role in Promoting, Perpetuating, and Failing to Challenge Racism, Racial Discrimination, and Human Hierarchy in U.S.
- Role of Psychology and APA in Dismantling Systemic Racism Against People of Color in U.S.
- Advancing Health Equity in Psychology
- Historical chronology

# 1948

- The Genocide Convention
- The Nuremberg Code
- Universal Declaration of Human Rights

## The Nuremberg Code

1. Voluntary informed consent.
2. Fruitful result for the good of society.
3. Prior experimentation on animals, and prior knowledge of the problem.
4. Avoidance of unnecessary physical or mental injury.
5. Banning of known lethal or disabling procedures.
6. Degree of risks should not exceed benefits.
7. Proper preparation and facilities to prevent injury or death.
8. Performance of experiments only by scientifically qualified people.
9. Participants may freely end the experiment.
10. The experiment must stop if it proves too dangerous.

# NUREMBURG CODE:

#1 The voluntary consent of the human subject is absolutely essential.





# What about the U.S.?

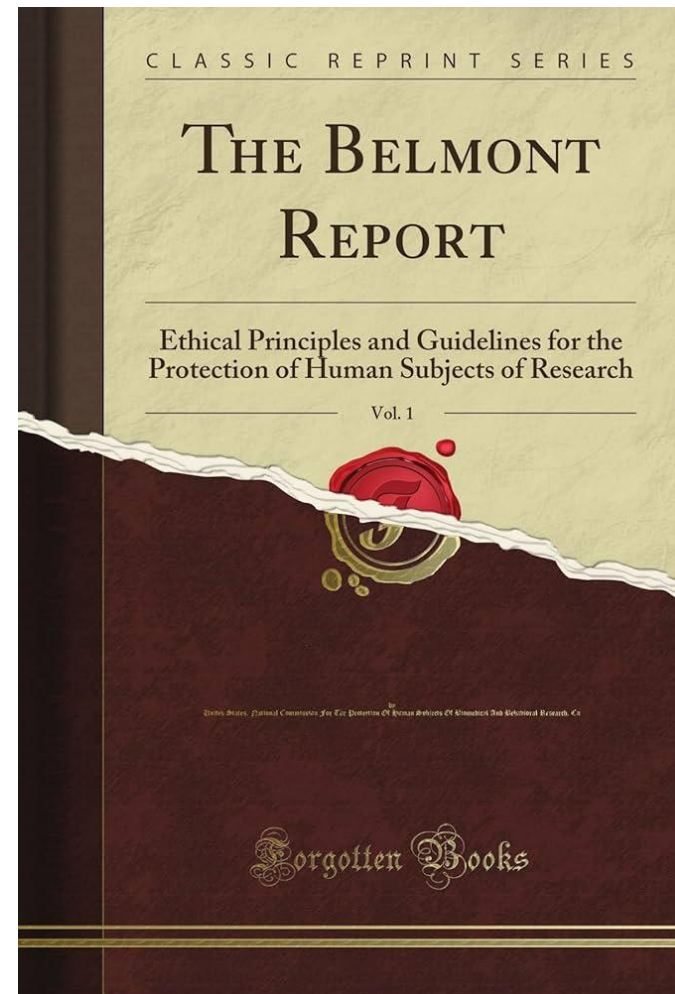


(Courtesy National Archives)

- Experiments on Soldiers
- Tuskegee Study

# Belmont Report Principles

Autonomy/ Respect  
Beneficence  
Justice



# FIRST DRAFT PRINCIPLES

**Beneficence**

**Nonmaleficence**

**Human and Civil  
Rights**

**Integrity &  
Trustworthiness**

**Recognition of  
Social Systems  
and the Natural  
Environment**

**Respect for  
Persons and  
Peoples**

**Scientific  
Mindedness**

**Justice and  
Social Justice**

## Current Principles:

Principle A: Beneficence and Non-Maleficence

Principle B: Fidelity and Responsibility

Principle C: Integrity

Principle D: Justice

Principle E: Respect for People's Rights and Dignity

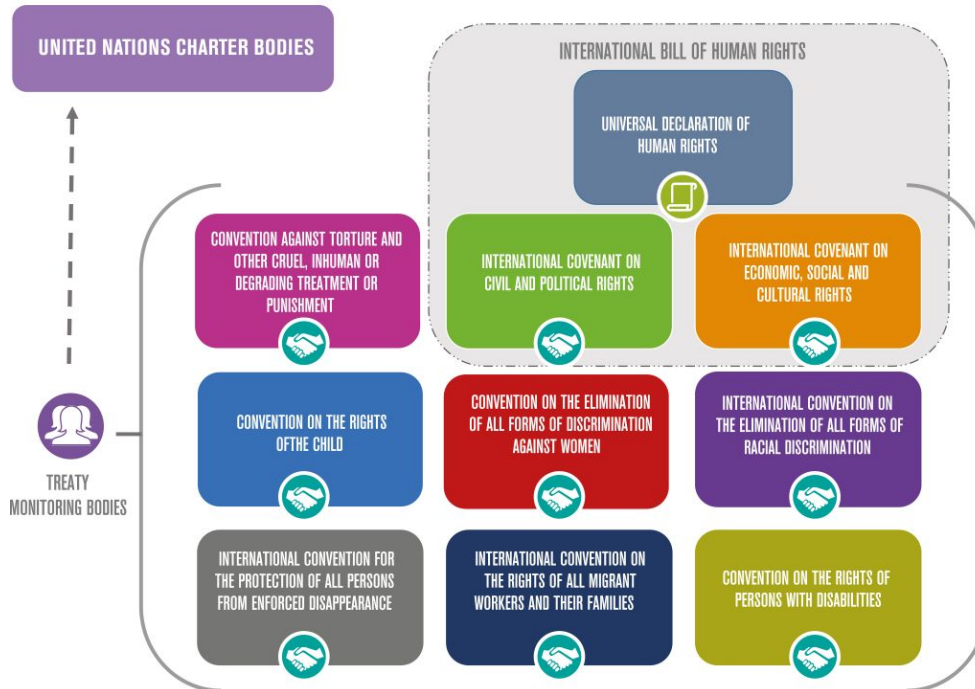
Revised after an initial draft was distributed to APA Boards and Committees, Divisions, SPTAs, EPAs, and ASPPB.

The revised principles were sent to the Ethics Committee. The Ethics Committee has reviewed them and sent comments back to the ECTF

Undergoing additional revision based on public comment



## INTRODUCTION TO THE UNITED NATIONS HUMAN RIGHTS TREATIES



# What are Human Rights?

Convention on the Rights of the Child  
Convention on the Elimination of All Forms of Discrimination against Women  
United Nations Principles for Older Persons  
Convention on the Rights of Persons with Disabilities  
Indigenous and Tribal Peoples Convention  
International Convention on the Elimination of all Forms of Racial Discrimination  
Convention against Torture and Other Cruel, Inhuman or Degrading Treatment or Punishment

# What is Social Justice?

Definition: Justice is fair and equitable treatment entitled to all persons. Social justice is justice applied at the societal level in the equitable and fair distribution of opportunities and privileges within a society.



# What is Respect for Persons and Peoples?

Definition: Respect for Persons and Peoples is the recognition of the inherent and fundamental dignity and worth of all. Persons refers to individual human beings and peoples refers to communities of people who have a shared identity.





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