



SOCIAL MEDIA RESOURCES FOR YOUTH AND FAMILIES

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- c. APA.(2024a).<https://www.apa.org/topics/social-media-internet/youth-social-media-2024>
- d. APA.(2024b).<https://www.apa.org/pubs/highlights/spotlight/parental-monitoring-social-media>

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- a. <https://mentalhealthcommission.ca/catalyst/tackling-teen-tech-addiction/>

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